Yarrow Achillea lanulosa

Prairie Dog Tail

Chihpachiisk-isshe

Used as a poultice for wounds and leaves used to cure bug bites and stings.



Mint Mentha arvinus

unknown

Shusshua

Brewed as a tea for sore throats, colds, and general wellness, used in the Sundance for dancers to breathe in the aroma to soothe individual.



Chokecherry Prunus virginia

Real berry/chokecherry tree

Baachuutaale: balapua

Fruit used in berry puddings and pemican. Under bark used in a tea or chewed as an emetic, to help with constipation.



Sweet Grass Hierochloe odorata

Like sinew

Bachuate

Used as incense for purification1.

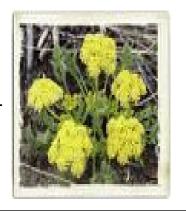


Biscuit Root Lomatium macrocarpum

Big Root/Bear Root

Iisee

Used ceremonially and brewed as a tea for colds and congestion.



Bitterroot Lewisia redivia

One with branched body

Baaisaaxaawe

Root used as a food. This is Montana's State flower.



Pineapple weed Matricia matricariodes

Fragrant yellow flower

Baauchpashililiksshe

Used in pillows as a fragrance to cure headaches, and in cradleboards.



Red Dogwood Cornus stolonifera

Red willow inner bark

Biliichhisshe

Used for tepee stakes and tepee pins.

